

# DEAR LifeQ®

My name is Elan, and I would like to help LifeQ conduct research and continue improving its clients' lives. I have served as a reviewer for multiple world-class research journals, ranking in the top 5% of reviewers at times. In addition, I have co-authored ten machine learning research publications. Finally, I have four years of teaching experience. Thus, I can accurately represent research to diverse readers in a form with which they can engage.

My engineering and computer science degrees gave me strong technical skills. For example, I learned how to develop and validate effective mathematical models, algorithms, and code. However, my communication skills were not as strong. So, I took the initiative to improve these skills by working as a freelance science communicator, where I also learned to convey complex ideas in an accessible way. That work and my master's studies also taught me to be self-directed and manage my time. I learned to work on a team during my many research projects. These projects and my work as an academic reviewer also taught me to conduct literature and data-driven research and concisely communicate findings. These experiences have made me confident that I can do almost anything given the time to learn.

I resonate with LifeQ's goal of empowering people to live healthier and happier lives by enabling them to make informed decisions. I try to keep up to date with the latest health and research developments and learn about myself through my wearable. Despite this, I often feel that I do not have the information or insight to make decisions to improve my health and wellness. Thus, I am excited by the products LifeQ offers. I think empowering people with tools to be in charge of their own health is fantastic. Remote monitoring of patients and insights from experts is a clever and effective use of specialised resources. Detecting and preventing illness is resource-efficient and improves the lives of the would-be patient. I also appreciate LifeQ's stances of "honesty through validation" and "privacy is paramount". I want to help LifeQ continue to improve people's lives.

Thank you very much for looking at my application. I hope I can contribute to LifeQ very soon. I would love to discuss further how I can help and what makes me qualified to do so. Please get in touch with me at elanvanbiljon@gmail.com if you want to know more.

“ *We got here the only way people get anywhere good: together*

– John Green

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Kind Regards,  
Elan van Biljon